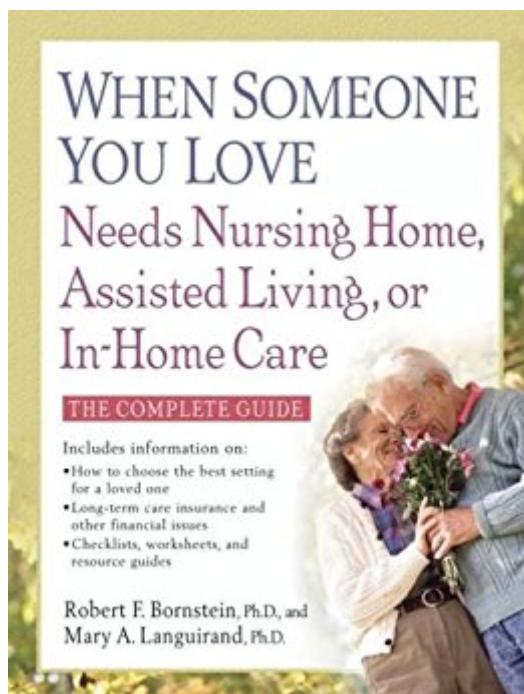


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# When Someone You Love Needs Nursing Home, Assisted Living, Or In-Home Care



## **Synopsis**

When an aging family member needs some extra help and care, whether a parent, spouse, sibling, or friend, this is the book to get. It delivers bottom-line, no-nonsense, practical information for every stage of need, from the earliest signs of illness, through the nursing home, and beyond. Written by two distinguished psychologists with specialties in eldercare counseling and research, this frank, friendly, time-tested guide is meticulously organized to provide answers, dispel myths, anticipate needs, and help you learn strategies for dealing with every aspect of in-home and facility care, including caring for the caregiver in the process. Also includes checklists, phone and Internet lists, budget worksheets, questionnaires, and a detailed index.

## **Book Information**

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## **Customer Reviews**

This book had such wonderful breadth of information. It was a great starting point for at least knowing what to Google while trying to set things up for an aging parent. It's so hard to figure out what's legitimate and what's a scam when researching various companies, and this book definitely gave some valuable background for determining what's what. I also especially appreciated the thoughtful and supportive tone the book was written in. Anyone considering this book is likely

going through some difficult things, and the thoughtfulness to include information on emotional well-being of everyone in the family was really nicely done. Before reading this book, I felt like I was the only dealing with aging parents, but I've since been able to recommend this book to a few friends who are suddenly in the midst of these situations as well. It was really such an excellent and approachable introduction to the world of elder care.

Every once in a while a book comes along that is not only informative but presents the facts in an easy to access and caring fashion. This is one such book. In these pages, the authors describe resources available to the elderly and their caregivers; they describe the feelings of the elderly as their body and personal relationships change; and they explain the psychological as well as emotional changes as a person moves through the progressively limiting stages of growing old and needing help. There are sections on how to evaluate the different facilities, how to bring up the subject of in-home care or moving out of the home, what finances are involved and what the emotional affects on the caregivers may be. At a time when stress and emotions are running high for everyone involved, it was comforting to be able to turn to this valuable resource. Claire Laufman

No one wants to have to place their parent into a nursing home, however this guide provides great information which can help when you are faced with the decision of whether or not it is necessary. A good resource on a difficult topic.

Well written, it tells the experiences of many of us. The Boomers should get a copy; the information is not "dated", it is a general overall broad review of the types of care that will be available when someone you know needs medical care and assistance in the US.

#### Informative

This handbook is a valuable resource for anyone faced with the daunting task of choosing care for an elderly family member. The vast majority of readers most likely have found themselves thrust into an emergency situation with a loved one who needs immediate care. Navigating the uncharted waters of eldercare options can quickly become overwhelming and stressful. This guide will help readers decide which kind of care is most appropriate with practical information about nursing homes, assisted living arrangements, and in-home care options. As an eldercare executive, I have seen a rapid increase in the number of people searching for care for their loved ones. This guide will

help them dispel common myths about long-term care, find the answers to commonly asked questions and explore financial issues.

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